

Red 3 Syllabus (pattern 7) Yuk Jang

Practical	Instructor Comments
Side kick Reverse Side kick	
Turning Reverse Turning	
Combination attack No. 3 Turning Kick, Back kick, Jump Back Kick	
Combination Attack No. 4 Turning kick, Reverse Turning Kick, Turning kick (RTK &TK Same Leg)	
Combination attack No. 5 Change Feet Sliding Axe Kick, Turning Kick, Jump Back Kick	
Triple Turning Kick Same Leg (low, middle, high) slow than fast	
Instructors choice of techniques & Additional Patterns	
Instructors choice of Breaking Techniques 4 Way directional	

**Triple Turning Kick Single leg, Combination1 Punch, Elbow, Palm Strike
Combination 2 Outer Hammer Fist, Inner Hammer Fist Back Fist.**

Student Name

Student age.....Date.....

Masters comments

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Masters signature.....Date