

Yuk Jang

Blue Belt 4 syllabus (Pattern 6) Yuk Jang

Practical	Instructor comments
Inner Crescent, Reverse Turning Kick	
Combination: Turning Kick, Sliding Hook Kick	
Combination: Axe kick, back kick	
Combination: Tornado, land Change Feet Turning Tornado.	
Combination: Double Turning Kick, Reverse Kick, Turning Kick.	
Combination: Turning Kick, Jump Back Kick	
Combination: Running Jump Side Kick	
Combination: Turning Kick, Jump reverse Kick	
Instructors choice of Kicks	
Instructors choice of 3 Directional breaks	

Breaks: Turning Kick, Jump Back Kick, Tornado, Jump Reverse, Reverse Elbow Strike.

Student Name

Student age..... Date.....

Masters comments only

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Masters signature.....Date.....