

**Sa Jang (6<sup>th</sup> Gup) Blue 6 Gup Pattern 4**

Practical	Instructor Comments
Moving forward back fist	
Turning Kick, Back fist	
Hook Kick	
Combination: Turning Kick, Reverse Turning kick	
Combination: Turning Kick, Tornado	
Combination: Turning Kick, Hook Kick Same Leg	
Combination: Side kick, Turning kick, Back kick	
Combination: Push Kick, Axe kick	
Breaking Instructors choice	

**Breaking – Turning Kick, Front Snap, Hook Kick, Side Kick. Paddles, Large Body Bag To be used.**

**Student Name .....**

**Student age..... Date.....**

**Masters comments only**

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**Masters signature.....**

**Date.....**