

**Eel Jang (8<sup>th</sup> Gup)**

**Yellow 8 syllabus (Pattern 2) Eel Jang (8<sup>th</sup> Gup)**

<b>Practical</b>	<b>Instructor Comments</b>
<b>Knife Hand Upper Block</b>	
<b>Knife hand outer block</b>	
<b>Knife hand strike</b>	
<b>Spear hand to throat</b>	
<b>Combination – Push Kick, Side Kick</b>	
<b>Combination- Turning Kick, Sliding Turning Kick</b>	
<b>Combination – Push Kick, Turning Kick</b>	
<b>Combination: Turning Kick, Axe Kick</b>	
<b>Combination Turning kick, Back kick</b>	

**All Kick to Be Performed on Large Kick bags. All Basic Blocks to Be Performed**

**Student Name .....**

**Student age..... Date.....**

**Masters comments only**

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**Masters signature.....**

**Date.....**