

**Il Jang (9<sup>th</sup> Gup)**

**Yellow Belt Syllabus (Pattern 1) Il Jang (9<sup>th</sup> Gup)**

<b>Practical</b>	<b>Instructor Comments</b>
<b>Turning Kick</b>	
<b>Front Snap Kick, Sliding Front snap Kick</b>	
<b>Combination – Inner Crescent, Outer Crescent Same Leg</b>	
<b>Combination – Outer Crescent, Axe Kick</b>	
<b>Combination – Push Kick, Turning Kick</b>	
<b>Pattern 1</b>	

**All Kicks to Be Done on Paddles, All Basic Blocks to Be Performed**

**Student Name .....**

**Student age..... Date.....**

**Masters comments only**

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**Masters signature.....**

**Date.....**